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Oct. 3

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We have some great Learn@Lunch opportunities coming up!

Don't forget to register.



UCLA Staff Assembly

Mindful Music Presents 12:15 Concert Series

Pianist Oliver Chan

Date: Thursday, 10/4/18

Time: 12:00pm - 1:00pm

Location: UCLA Semel Auditorium ([more information](#))

[RSVP here!](#)



UCLA Staff Assembly

Are you ready for the big one? UCLA Office of Emergency Management Earthquake Preparedness

Date: Wednesday, 10/17/18

Time: 12:00pm - 1:00pm

Location: JD Morgan Press Room ([more information](#))

[RSVP here!](#)

Lunch with the David Geffen School of Medicine at UCLA Dean, Kelsey Martin, MD, PhD



We invite you to join Staff Assembly on **Wednesday, November 7th**, for *Lunch with Dr. Martin*, an informal discussion with the David Geffen School of Medicine at UCLA Dean, Kelsey Martin, MD, PhD, and 14 randomly selected staff members.

Date: 11/7/18
Time: 11:30 am – 1:30 pm
Location: Geffen Hall

Apply by next Wednesday, 10/10/18, 5:00PM PST

If your application is selected, you will be notified by **Wednesday, October 24th**. Supervisors of those selected to attend will be notified and are encouraged to grant sufficient release time for the lunch, provided the absence would not infringe upon the performance of required job duties.

All staff members who have at least one year of service and currently hold career or contract appointments may apply to attend the lunch. Those classified as Senior Management Group are not eligible. To ensure that the maximum number may participate, those selected to attend may not apply again. However, those who have applied but not been selected may apply for future lunches. Click [here](#) to register.

A Message from the Chancellor

UCLA Office of the Chancellor

To the Campus Community:

Welcome to the 2018–19 academic year! As we look ahead, I want to provide you with my [fall quarterly update](#). In this edition, you will learn more about UCLA's remarkable economic impact on our city and state, our commitment to advancing thoughtful conversations on campus, and some notable breakthroughs in UCLA Health Sciences.

My best wishes for a wonderful start to the new quarter.

Sincerely,

Gene D. Block
Chancellor

UCLA Transportation is celebrating

Rideshare Month



UCLA Transportation is putting the spotlight on Bruins who rideshare to campus. They invite you to join them as they beat traffic and save money by taking alternative forms of transportation!

Pledge with UCLA Transportation to commute to UCLA by public transit, carpool, vanpool, bike, or foot from now until October 31 for an opportunity to win a **\$100 VISA gift card, Target or Whole Foods gift cards, a Fitbit, Metro passes and more!**

Participate in a variety of fun activities and prize drawings aimed at promoting sustainable transportation and a healthy lifestyle at the Wilshire Center, Lualle Commons, and Ronald Reagan University Medical Center and celebrate with us at our **Rideshare Fair on Thursday, October 4 at Bruin Plaza from 10 a.m. - 2 p.m.**

Dr. Peter Whybrow

*Hosted by the MindWell Pod of the UCLA Healthy Campus Initiative
Semel Institute for Neuroscience and Human Behavior
"The Foundations of Eudaimonia"*



Peter C. Whybrow, M.D. is Director of the Semel Institute for Neuroscience and Human Behavior at UCLA, the Judson Braun Professor and Executive Chair of the Department of Psychiatry and Biobehavioral Sciences at the David Geffen School of Medicine and Physician-in-Chief of the Resnick Neuropsychiatric Hospital. Dr. Whybrow is an international authority on depression and manic-depressive disease and the effects of thyroid hormone on brain and human behavior.

Drawing upon his recent book, *The Well-Tuned Brain*, Dr. Whybrow explores the roots of human

flourishing - of tranquility and enjoyment. Tranquility does not come naturally to the human mind: eudaimonia is a highly cultivated state achieved through hard work and self-discipline. This talk will discuss the challenge of a life well lived, blending reason and passion to promote individual wellbeing and a sustainable human future.

Date: Tuesday, October 9th

Time: 4:00 – 5:00 pm

Where: Semel Auditorium, UCLA

Refreshments provided. [RSVP here](#)
For questions, email mindwell@ucla.edu

UCLA Disabilities and Inclusive Design Training workshops



You are invited to the **UCLA Disabilities and Inclusive Design Training workshops**. Learn about the challenges facing students, faculty, and staff with disabilities and how you can empower this population through accessible design. The trainings are stand-alone events. Register for one or all event(s) you would like to attend.

- Monday, October 8, 2018 at 11am - 12pm: **Web**
- Monday, October 15, 2018 at 11am - 12pm: **Basics**
- Monday, October 22, 2018 at 11am - 12pm: **Instructional Content**
- Monday, October 29, 2018 at 11am - 12pm: **Documentation**

[Register here](#)

LA Cancer Challenge 2018



Join the UCLA Health team on **October 21, 2018** to raise awareness and funds for pancreatic cancer research.

The 21st Annual LA Cancer Challenge (LACC) 5K Walk/Run is the signature fundraising event for the Hirshberg Foundation for Pancreatic Cancer Research.

Held on campus at UCLA, where much of the foundation's research is conducted, the LACC brings the cancer community together to shine a light on this disease and honor loved ones. The event features a

run/walk, Fit Family Expo with food & beverage booths, activity tents, a Candyland Kids Zone and more! [Sign up here](#).

For more information contact Lauren Davis, Health Sciences Development at ldavis@support.ucla.edu



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