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Feb. 21

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## Save the Date

# Emerging Research Speakers Series



**Dr. Jonathan Flint**  
**The Genetic Basis of Depression**

To foster community between UCLA faculty and staff, the UCLA Academic Senate, UCLA Staff Assembly and Campus Human Resources cordially invite you to the 10th annual Emerging Research Speaker Series and reception.

**Date:** Thursday, March 14, 2019

**Time:** 1:30pm

**Location:** Optimist Room at the Iris Cantor Auditorium Level 1 - Geffen Hall

**Dr. Jonathan Flint**, a professor in residence, Psychiatry and Biobehavioral Sciences at UCLA David Geffen School of Medicine will offer an engaging look into his research on understanding how genes influence behavior in a presentation, **“The Genetic Basis of Depression.”**

Dr. Flint, a senior scientist with the Center for Neurobehavioral Genetics, is also a member of the UCLA Depression Grand Challenge Executive Committee. In this role, he explores the biological basis of depression with a 100,000-person study to identify genes linked to depression; this will be the largest genetic study of a single disorder.

For questions, please contact Djoko Setiyawan, UCLA Staff Assembly Vice President of Special Programs, at [dsetiyawan@mednet.ucla.edu](mailto:dsetiyawan@mednet.ucla.edu).

[RSVP for your chance to attend this event.](#)

## Upcoming Learn at Lunch Opportunities



**UCLA Staff Assembly**

Join us for a learn at lunch featuring the **Associated Students UCLA (ASUCLA)** and the many services offered to students, faculty, and staff.

Whether you are looking to hold a meeting or event, print promotional materials and products for your department from Bruin Custom Print, advertise on our digital screens, shop for official licensed products at the UCLA store, or just stop by for a coffee or bite to eat, ASUCLA has something for you.

**Date:** Tuesday, March 5, 2019

**Time:** 12:00pm - 1:00pm

**Location:** Ackerman Union 2<sup>nd</sup> floor Bruin Reception Room

[RSVP for this Learn at Lunch.](#)

Light refreshments will be served.



In April we are partnering with **U See LA Optometry** and **Bruin Health Pharmacy**.

U See LA Optometry and Bruin Health Pharmacy, extensions of the **Arthur Ashe Student Health Center**, are conveniently located on the UCLA campus inside the **Ackerman Union**. Our full optometry and pharmacy services are there to meet the needs of all active UCLA faculty, staff and students.

Join us for an informative session where we will answer any of your questions and as an added bonus, provide free eyeglass cleaning. We look forward to meeting you.

**Date:** Tuesday, April 9, 2019

**Time:** 12:00pm - 1:00pm

**Location:** TBA

[RSVP for this Learn at Lunch.](#)

## Couch to 5K Workshop & Free Training Classes



Walking or running your first 5K is a great goal for those who are looking for some motivation to get improve their health. A 5K race is 5 kilometers long (or 3.1 miles) and a popular distance for first-timers. Even if you don't consider yourself a runner, you can be ready to walk or run a 5K by starting slowly, learning the basics, and following a smart training plan.

At this wellness workshop, you'll learn helpful tips on form and technique as well as be guided to create your own customized training plan to take you from couch to 5k. By the end of April you'll be ready to walk or run a 5K just in time for the Staff Assembly Virtual 5K fundraiser for staff scholarships! Plus, 5 stainless steel water bottles will be raffled off for those who attend the workshop!

[Register to attend this complimentary workshop.](#)

**Date:** Thursday, February 28, 2019

**Time:** 12:00pm – 1:00pm

**Location:** John Wooden Center Games Lounge

Following this workshop, a series of training classes will also be offered **Tuesdays and Thursdays from 12:10 – 12:50pm, March 5<sup>th</sup> – April 25<sup>th</sup>.**

Class meets in front of the John Wooden Center.

[Sign up for the training classes.](#)

## Faculty and Staff Appreciation Men's Volleyball



**Date:** Wednesday, February 27, 2019

**Time:** 7:00pm

**Location:** Pauley Pavilion

Faculty and Staff will receive four free admissions with their UCLA ID at the North entrance of Pauley Pavilion for the game against Pepperdine. For questions or concerns, contact [Kaitlyn Tassiello](#). For information about Men's Volleyball, visit the [UCLA Athletics website](#).

## Supporting Transgender Students on Campus Training for Faculty and Staff

### Supporting Transgender Students on Campus

Supporting Transgender Students on Campus is a training open to UCLA staff and faculty. The training provides insights into the trans student experience at UCLA and aims to equip professionals with the knowledge and skill set best support our transgender students on campus.

As a result of this training, participants will be able to:

- Identify everyday barriers for transgender students on campus
- Assist transgender students in navigating university systems
- Examine functional units to implement inclusion and support at a structural level
- Identify unique challenges trans students face post-graduation
- Connect students to appropriate resources across campus

Light lunch will be provided. RSVP is required at: <http://tinyurl.com/uclsupportingtrans19>

**Monday, March 25th from 12-3 PM**  
@ Student Activities Center Rooms 2 & 3.

For questions please contact Kevin Medina at [kmedina@lgbt.ucla.edu](mailto:kmedina@lgbt.ucla.edu)

This training provides insights into the trans student experience at UCLA and aims to equip professionals with the knowledge and skills to best support our transgender students on campus.

Light lunch will be provided, and [RSVP is required](#). Space is limited to 50 participants.

This training goes beyond typical Trans 101s to provide insight into the trans student experience at UCLA and to equip student affairs professionals to best support our transgender students on campus.

**Date:** Monday, March 25, 2019

**Time:** 12:00 – 3:00pm

**Location:** Student Activities Center Rooms 2 & 3

As a result of this training, participants will be able to:

- Identify everyday barriers for transgender students on campus
- Assist transgender students in navigating university systems
- Examine functional units to implement inclusion and support at a structural level

- Identify unique challenges trans students face post-graduation
- Connect students to appropriate resources across campus

Questions? Contact [Kevin Medina](#).

## Bruin Up Eats Free Tasting at Lu Valle & UCLA Hydro Flask Pop-Up



**Date:** Tuesday, March 5, 2019

**Time:** 3:00 – 5:00pm

**Location:** Lu Valle Commons Patio

Join ASUCLA for a **free tasting** of Lu Valle's new menu items featuring wings, quesadillas, coffee, and more! Plus, there will be an exclusive UCLA Hydro Flask pop-up shop for you to pick up a unique, UCLA branded Hydro Flask.

## Focus Group on Wellness Resources



**Date:** Friday, March 1, 2019

**Time:** 12:00 – 1:00pm

**Location:** TBA

You are invited to participate in a focus group regarding wellness resources on campus. The focus group will last about 60 minutes and lunch will be provided. Alongside your peers, you will be asked about your perceptions of current UCLA wellness offerings, accessibility, and communication. Your views will be used to inform the development of a future UCLA wellness resource tool and database. This focus group is part of a review that the Semel Healthy Campus Initiative Center is conducting to inform future programs and services to integrate wellness efforts.

To sign up, fill out the [focus group form](#). More details will be emailed to selected participants.



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