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Ready for a lunch break? Invite your colleagues and join us for Learn at Lunch!

Tips and Tricks for Retirement Bliss



We have the pleasure of partnering with the **UCLA Emeriti/Retirees Relations Center** to bring to you this very informative program.

The transition to retirement is a major life event. As with other life changes such as starting a career, getting married, having children or

becoming empty nesters, the navigation to your next life phase will benefit from forethought and knowledge. Sue Barnes, Director of the UCLA Emeriti/Retirees Relations Center, will review her top 10 retirement tips, both financial and non-financial, to help you plan for a retirement that is a beginning, and not an end.

The [UCLA Emeriti/Retirees Relations Center \(ERRC\)](http://errc.ucla.edu) serves as the connecting link between UCLA and its retired faculty and staff. The ERRC provides information to retirees, plans retiree events, facilitates retiree engagement with the campus and supports the UCLA Retirees' Associations (UCLARA) and the UCLA Emeriti Association. The ERRC has published a "Steps to Retirement" brochure that outlines a five-year plan for preparing for retirement. Visit <http://errc.ucla.edu> for more information.

Date: Thursday, February 7, 2019

Time: 12:00pm - 1:00pm

Location: YRL Main Conference Room

[RSVP for this Learn at Lunch.](#)

Dig Around the HCI Semel Community Garden



UCLA Staff Assembly

This month we are partnering with the [Semel Healthy Campus Initiative Center](#) to learn all about their [jane b semel HCI Community Garden](#) and how this special place can enhance your daily life on campus. Come discover how the jane b

semel HCI Community Garden can help staff members obtain skills for backyard gardening and build community throughout different departments on campus.

The jane b semel HCI Community Garden provides an on-campus space for the UCLA community to grow healthy food and foster education of urban gardening practices. In partnership with the Semel Healthy Campus Initiative Center, this garden is intended to promote community building and address food insecurity on campus.

The terraced garden sits atop the facility amphitheater, consisting of 31 beds and a small fruit tree orchard which are adopted by student organizations, classes, teams of UCLA staff and faculty, and UCLA extension to grow food and hold workshops. This garden is maintained by the Garden Oversight Committee, a joint committee of the DIG student garden club, HCI researchers, and Recreation staff dedicated to maintaining this hub for experiential learning and dialogue about our food systems.

Whether you are looking to zen out while getting your hands in the dirt or complete our Urban Gardening Certificate Program, our community would love to have you involved! For more staff resources on campus provided by the Semel Healthy Campus Initiative Center, please visit <https://healthy.ucla.edu/faculty-and-staff/>.

Date: Tuesday, February 19, 2019

Time: 12:00pm - 1:00pm

Location: UCLA Sunset Canyon Recreation Center

[RSVP for this Learn at Lunch.](#)

UCLA



Los Angeles, CA90095

<http://www.StaffAssembly.ucla.edu/>

staffassembly@ucla.edu

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