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Register for your chance to attend Outdoors with Mrs. Block!



Mrs. Carol Block Presents: Basketball at UCLA and Beyond

Date: Sunday, February 24, 2019

Time: 8:00AM – 1:00PM

Location: Mo Ostin Basketball Center & UCLA Health Training Center

Join Mrs. Carol Block, Associate of the Chancellor, for an exclusive tour of the **UCLA Mo Ostin Basketball Center** and the **UCLA Health Training Center: Home of the Los Angeles Lakers**, on Sunday, February 24 from 8 am – 1 pm. Transportation from campus will be provided.

Itinerary

8:15 am Meet at the UCLA Mo Ostin Basketball Center (on campus)

8:30 am Tour begins

9:15 am Tour concludes

9:30 am Bus departs UCLA

10:00 am Arrive at UCLA Health Training Center: Home of the LA Lakers (El Segundo)

10:15 am Tour begins

12:00 pm Tour concludes
12:30 pm Bus departs for UCLA
1:00 pm Arrive at UCLA

The application deadline is **Monday, February 11, by 12 pm**. Space is limited, and attendees will be selected at random. To apply, please fill out and submit this [brief questionnaire](#).

The event is limited to current UCLA staff only. If selected, you will be notified via email by EOB Monday, February 18.

For questions, please contact Djoko Setiyawan, UCLA Staff Assembly Vice President of Special Programs, at dsetiyawan@mednet.ucla.edu.

[RSVP for your chance to attend Outdoors with Mrs. Block.](#)

Upcoming Learn at Lunch Opportunities



UCLA Staff Assembly

We have the pleasure of partnering with the **UCLA Emeriti/Retirees Relations Center** to bring to you this very informative program.

The transition to retirement is a major life event. As with other life changes such as starting a career, getting married, having children or becoming empty nesters, the navigation to your next life phase will benefit from forethought and knowledge. Sue Barnes, Director of the UCLA Emeriti/Retirees Relations Center, will review her top 10 retirement tips, both financial and non-financial, to help you plan for a retirement that is a beginning, and not an end.

Date: Thursday, February 7, 2019

Time: 12:00pm - 1:00pm

Location: UCLA Young Research Library Main Conference Room [RSVP for this Learn at Lunch.](#)



UCLA Staff Assembly

This month we are partnering with **the Semel Healthy Campus Initiative Center** to learn all about their **jane b semel HCI Community Garden** and how this special place can enhance your daily life on campus. During this 1-hour session, attendees will receive a tour of the garden

and have an opportunity to participate in a Food Closet Harvest, learning proper techniques for harvesting leafy greens that will then be donated to the Community Programs Office Food Closet.

The jane b semel HCI Community Garden provides an on-campus space for the UCLA community to grow healthy food and foster education of urban gardening practices. In partnership with the Semel Healthy Campus Initiative Center, this garden is intended to promote community building and address food insecurity on campus.

Date: Tuesday, February 19, 2019

Time: 12:00pm - 1:00pm

Location: UCLA Sunset Canyon Recreation Center

jane b semel HCI Community Garden

111 Easton Drive

Los Angeles, CA 90024

[RSVP for this Learn at Lunch.](#)

SBRF Sponsor Shout Out



Thank You

Dasher Technologies

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Manhattan Stitching Company

Stay tuned for some special promotions from a few of our sponsors and a recap of this year's SBRF in our next newsletter. Thank you for attending and making it a great event!

I Heart Walking Starts Next Week



Sign up to participate in two or more walks and receive a free I Heart Walking t-shirt while supplies last.

[Sign up to register for I Heart Walking.](#)

There will also be chances to win some awesome raffle prizes, including a FitBit Ionic Smartwatch and Gift Cards to Target and The Walking Company.

Monday, February 11 – Wilson Plaza

Walks begin at 12:10 and 12:15pm

Tuesday, February 12 – Corner of LeConte and Westwood

Walks begin at 12:10 and 12:15pm

Wednesday, February 13 – KREC in Lot 36

Walks begin at 12:10 and 12:15pm

Thursday, February 14 – Pauley Pavilion Clubhouse

T-shirt pick up

Walks begin at 11:15am and 12:15pm

Mindful Music Presents

Women in Jazz Ensemble



Take a break with a Mindful Music Concert featuring an all-female Jazz Quartet this Thursday at the Semel Institute Auditorium.

UCLA student musician and award winning bassist, Isabel Dobrev, saxophonist Glynnis McNamara, saxophonist Marina Panzetta, and pianist Kimiko Daniels will be performing.

Mindful Music concerts are a dose of awe in the middle of the day aiming to refresh your mind and improve your productivity

at work. The handpicked, award-winning musicians (you typically wouldn't find anywhere else), bring a unique approach and passion to their performance.

Date: Thursday, February 7, 2019

Time: 12:15pm

Location: Semel Institute Auditorium

UCLA



Los Angeles, CA90095

<http://www.StaffAssembly.ucla.edu/>
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