Voting closes tomorrow for the 2019-20 Staff Assembly Executive Board

Staff Assembly members are encouraged to vote as we elect our next Executive Board to continue Staff Assembly's mission and programming. We have a very large and diverse group this year, with 20 nominees representing 17 different departments running for an open position on our Board!

The last day to vote is Thursday, June 13, 2019 by 5:00pm. Election results will be announced by Monday, June 17, 2019. Good luck to all of the candidates!

Voting link: https://sa.ucla.edu/forms/p/QjVwq

Please note that candidates are responsible for the accuracy of information in their candidate statements and in any other materials. Staff Assembly is not responsible for the accuracy, nor does it endorse the content, of any information provided by the candidates.

For more information on the Staff Assembly election, please visit http://www.staffassembly.ucla.edu. Please send inquiries to staffassembly@ucla.edu.

Register Now!
Staff Assembly Inaugural Invest in U Summit
Date: Tuesday, June 18, 2019  
Time: 8:00am – 3:00pm  
Location: Carnesale Commons  
Registration: $55

Join us for discussions designed to support staff in finding a balance within personal and professional development. This conference is focused on addressing personal growth and career advancement by bringing together keynote speakers representing UC Office of the President and our very own UCLA Leadership, along with a variety of breakout sessions led by dynamic experts sharing their knowledge and tools in a workshop setting, followed by a campus resource fair featuring university resources available for staff. Our goal is to inspire you to become the best version of yourself thanks to the opportunities UCLA has to offer.

Register now via Eventbrite to attend the Invest in U Summit.

Staff Assembly Centennial Scholarship and Awards Recognition Reception

Date: Thursday, June 27, 2019  
Time: 5:00pm – 7:00pm  
Location: J.D. Morgan Center

Please join us on Thursday, June 27, 2019, as we recognize the outstanding achievements of
UCLA employees at the 2019 Staff Assembly Awards and Centennial Scholarships Reception. The event will be held at the J.D. Morgan Center and Athletic Hall of Fame, from 5:00 p.m. to 7:00 p.m. with a reception to follow.

Because space is limited, an RSVP is required to attend the event. Supervisors are encouraged to provide release time for staff to attend.

This is an excellent opportunity to celebrate the achievements of our extraordinary UCLA employees. We look forward to seeing you at the recognition ceremony.

RSVP to attend the Centennial Scholarship and Awards Ceremony.

**V5k Swag Bag Information**

We are so excited to share that we had nearly 300 participants this year participate from all over the world. From avid walkers to experienced runners, and with the help of some very generous sponsorships, we raised over $10,000 for staff scholarships that will be announced and celebrated at our annual Awards and Centennial Scholarships Reception on June 27.

**Swag Bag Pick Up Times**
- **Monday, June 17 between 11am-1pm**
- **Thursday June 20 between 9am-11am**

Location: Patio of John Wooden Center

Swag bags will also be available for pick up at our Inaugural Invest in U Summit on Tuesday, June 18.

Find out the winners at pick up. We will also share details via our email recap of the 2019 Virtual 5K soon! Go Bruins!

**2019 UC System-wide Staff Engagement Survey for Policy-Covered Staff**
The University of California is dedicated to providing a work environment that enables employees to contribute to its mission of excellence in teaching, research, and public service. In order to identify trends, including opportunities for improvement, a Staff Engagement Survey is conducted every two years to garner feedback from its policy-covered staff.

The biennial UC Staff Engagement Survey, co-sponsored by the Council of UC Staff Assemblies (CUCSA) and the Office of the President, kicked off the week of May 13, 2019. The survey provides the opportunity for policy-covered staff at each campus to express their views and experiences on topics such as career development, performance management, and workplace collaboration.

A representative sample of staff members has received an email from Willis Towers Watson, a firm conducting the survey on UC’s behalf, with an invitation to take the survey. It is not spam, so please do not delete the email invitation. If you have received the survey, we encourage you to complete it and share your valued experience at UCLA.

This is the fourth staff engagement survey; the last survey was conducted in 2017. Please see an update regarding progress made since our 2017 survey on the Staff Assembly website: https://staffassembly.ucla.edu/uc-employee-engagement-survey/. By comparing the results of the past surveys, the University can evaluate where progress has been made and areas that need further effort and focus.

Individual responses to the survey are completely confidential and personally identifying information will not be shared.

Union-represented employees will not participate in the survey because UC receives their feedback through their union representatives during the collective bargaining process.

For your convenience, an Engagement Survey "Frequently Asked Questions" (FAQs) article has been created. Should you have additional questions after reading the FAQs, please contact EmployeeSurveySupport@willistowerswatson.com.

**Upcoming L@L Opportunities**

This month we are partnering with UCLA Staff & Faculty Counseling for a special topic: The Psychology of Happiness!

Happiness is a state of being that transcends the experience of positive mood and positive life circumstances. Research in positive psychology shows us that much of happiness can be
under our personal control by using self-efficacy to build our happiness and developing tools to enhance it. Think of happiness as a skill to be developed. Life does, of course, present us with difficulties, hardships, and tragedies, causing us sadness and pain. How do we think about happiness during those times? Throughout history philosophers, theologians, psychologists have pondered the pursuit of happiness and how to attain it. This presentation will explore ways to think about happiness and provide some tools to guide you.

About the Department:

The **Staff and Faculty Counseling Center (SFCC)** is there to help employees achieve increased engagement, satisfaction, fulfillment and growth in their personal and work lives, and to function optimally. SFCC’s team of licensed behavioral-health professionals offer confidential services helping move employees towards effective action plans. The Center’s counselors have decades of experience and are knowledgeable about the UCLA environment and culture.

**Date:** Wednesday, June 26, 2019  
**Time:** 12:00pm – 1:00pm  
**Location:** Geffen Hall Room 122  
[Register to attend this L@L via Eventbrite.](#)

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**U See LA Optometry reminder to use your VSP benefits!**

To UCLA All Faculty and Staff

Summer is the best time to use your vision benefits through your UCLA / VSP insurance plan at U See LA Optometry, located inside the UCLA store on the bottom level. 2019 saw an increase in VSP benefits plan including **$160 to $180 plus 20% off for frame choice and a $25 co-pay for entry level progressive lenses.** Call 310-267-4772 or for more information or to make an exam appointment, comprehensive eye exams are only a $10 Co-
Exam appointments can be made for the same week or even the same day!

U See LA optometry is a full service optometry and optical services clinic located on the bottom level of the Ackerman Union inside the UCLA store. We have four credentialed optometrists and four nationally certified opticians to meet all of your vision care needs.